# Camp Wesley Woods 2019 Winter Camp Camp Parent's Guide

### Location

The camp is located at 329 Wesley Woods Road Townsend, TN 37882 Camp has a long driveway, about ¾ mile, before you arrive at the main parking lot. Check In will be at Tipton Dining Hall, the building by the parking lot.

### Check-In

Check-in for Mini-Session campers is on December 27th. Check-in is at 6:00pm. Check-in for Full-Session campers is on December 28th. Check in is at 10:30am. Late arrivals can only be accommodated by prior arrangement with the camp.

### Check-Out

Mini Session - Camper pick up is Saturday, Dec 28th. Pick up is at 6:00pm. Full Session - Camper pick up of Tuesday, Dec 31th. Pick up is at 10:30am.

Please contact the camp if you need to arrange and alternate pick up time. If someone other than the parent is picking the child up, we must have written permission from the parent. **Please don't forget your photo I.D.** For your camper's safety, campers will only be released to those persons listed on their authorization form.

Please notify the camp (camp@campwesleywoods.com) and/or call the office (865) 448-2246 x1 in advance should it become necessary to pick-up your child from camp at some time other than listed.

### Health Care

The camp has certified health care personnel on site at all times to provide care in the case of illness or injury. Normally we will not contact parents if children receive minor injuries such as a skinned knee that can be effectively treated by our staff. If a camper has an injury or illness that requires off site care or will require treatment following camp, our health care staff will contact the parents. In emergency situations we will attempt to contact parents first, but we will not withhold treatment if a parent can't be contacted.

### <u>Forms</u>

Your Camper Health Form, Camper Profile Form, and the Authorization/Consent Information Form are digital. This information can be recorded at the time of registration, or any time prior to the beginning of your camper's session. In future years, parents will simply need to update any health changes from the previous year. Parents without online access will continue to be able to complete camp registration, health, and profile information on the paper forms provided.

### **Health Screening**

At check-in our staff will conduct a health screening of all campers. Campers who have a fever, show obvious signs of illness or who have recently been exposed to communicable illness will not be allowed to stay at camp.

### **Medication**

All medications, both prescription and over the counter, must be turned into our health care staff at check-in. All medications must be in their original containers. Our health care staff will keep the medications in a secure location and will provide campers with their medications as needed.

# **Illness at Camp**

The camp does not have the facilities to provide overnight care for campers. Campers who become ill at camp (fever, vomiting, etc.) will be sent home and parents will be responsible for providing transportation.

### **Food**

The camp offers campers nutritious, well balanced meals. In addition to our main menu, options such as cereal or salad bar are available at most meals. If a camper has a special dietary need please let us know in advance. Please do not send your camper with food unless arranged with the Food Service Manager.

#### Homesickness

Almost everyone leaving home for a new environment experiences some uneasiness. Such feelings are normal and usually pass quickly for most children. Our staff have been trained to help campers deal with any separation anxiety they may experience at camp. Parents play a key role in helping prevent homesickness. Have children practice time away from home by staying overnight at a friend or family member's home. Parents should also display confidence and enthusiasm regarding the child's upcoming experience. Parents are discouraged from telling children they can call home from camp. Our experience is that such phone calls usually increase homesickness.

### Cabin/Group Assignments

Meeting new people and making new friends is an important goal of camp. In keeping with this goal, campers may request to be assigned to a cabin/group with no more than one other camper. Please indicate the buddy request while registering. No changes in cabin/group assignments can be made at the time of check-in.

### Behavior

Campers are expected to behave in a manner consistent with the camp's goals of providing a safe, positive, and respectful Christian community. While staff will work with campers to handle minor disciplinary problems, the camp does reserve the right to send any camper home whose behavior is consistently inappropriate. Any direct threat or actual physical harm to one's self or others will result in a camper being sent home immediately.

## <u>Telephone</u>

The camp does not provide campers access to phones to make or receive phone calls. Phone calls disrupt the program, can promote homesickness, and distract campers from fully engaging in the camp's activities. To avoid disappointing campers, parents should not tell them they can call home from camp.

### **Contact Information**

If parents have questions or need to contact camp please call (865) 448-2246. Our normal office hours are 9:00am to 4:00pm. You can also reach us by email at camp@campwesleywoods.com. If you have an emergency, the camp emergency extension will ring at the Director's on site home.

### What to Bring

Please bring clothes that you don't mind your camper getting a little dirty while having a great time. It is recommended that you label all items to insure they return home with your camper. Camp is pretty casual. Please pack clothes appropriate to being outside and look at the weather forecast before packing.

# Packing List:

- o Pants (1 per day)
- o T-Shirts (1 per day)
- o Long Sleeved Shirts
- o Shorts (maybe 1)
- o Underwear / Socks
- o Sleepwear (PJ's)
- o Sweatshirt/Fleece/Jacket
- o Rain Jacket
- o Warm Hat / Gloves if cold
- o Towel

- Sturdy closed-toed Shoes (Athletic)
- o Extra pair of Shoes
- O Day Pack/Book Bag
- o Sleeping Bag/Pillow
- o Fitted sheet
- o Wash Cloth
- o Soap and Shampoo
- o Toothbrush/Paste
- o Other Toiletries

- o Bag for dirty clothes
- o Bible
- o Journal/Pen
- o Insect Repellent
- o Flashlight
- o Water Bottle
- o Flip Flops for Showering
- o Christmas Sweater

# What NOT to bring

Here it comes....**No Cell Phones**. I know, I know; it's hard, but it's worth it. It will be like living in olden times – like way back in 1998. Here are a few other things to leave at home to keep your cell phone company:

- Money please preload or load your camper's store money digitally. No cash is accepted at the store outside check in and check out..
- o Pets We have plenty of wildlife. Leave your pets at home. No taking home new pets either.
- o MP3 players or any other type of ipod things.
- o Electronics of any kind.

- o Vehicles leave these at home please
- Food We have a special security system to insure you don't bring food into the cabins – it's called ants. Really, don't bring food.
- O Cell Phones. Just in case you were confused the first time.
- o Personal Equipment we have all you need

Tobacco, alcohol, illegal drugs, fireworks, firearms, and weapons of any kind are prohibited at camp.

Camp has a modest approach to our expectation of camp attire. We ask campers please comply with this while at camp. A good rule of thumb might be to consider what a grandparent would say about the clothing.

### **Cancellation Policy**

\$49.00 of your camp fee is non-refundable. Cancellations must be completed by noon at least 5 business days before your camp session in order to receive a refund of your camp fees (less the \$49.00 non-refundable fee). Cancellations can be made through your online account or by calling 423-929-9037.

Should the Christmas Camp not receive an adequate number of registrations or extreme weather, the possibility does exist that the session may have to be cancelled. If this should occur, every effort will be made to notify the camper as soon as possible. A full refund will be made if Camp Wesley Woods cancels the session.

### The Last Bit

Thank you for trusting us with your children. We at Camp Wesley Woods are committed to care for and show the love of God to your children to the best of our ability. Please contact us with any questions or concerns.

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www.campwesleywoods.com